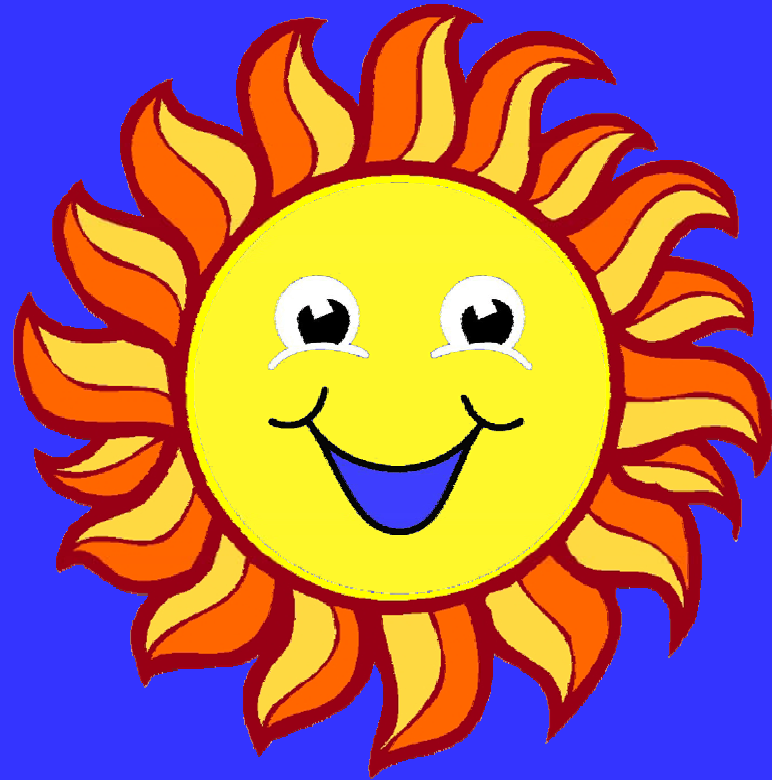


# Introduction to Self-Direction



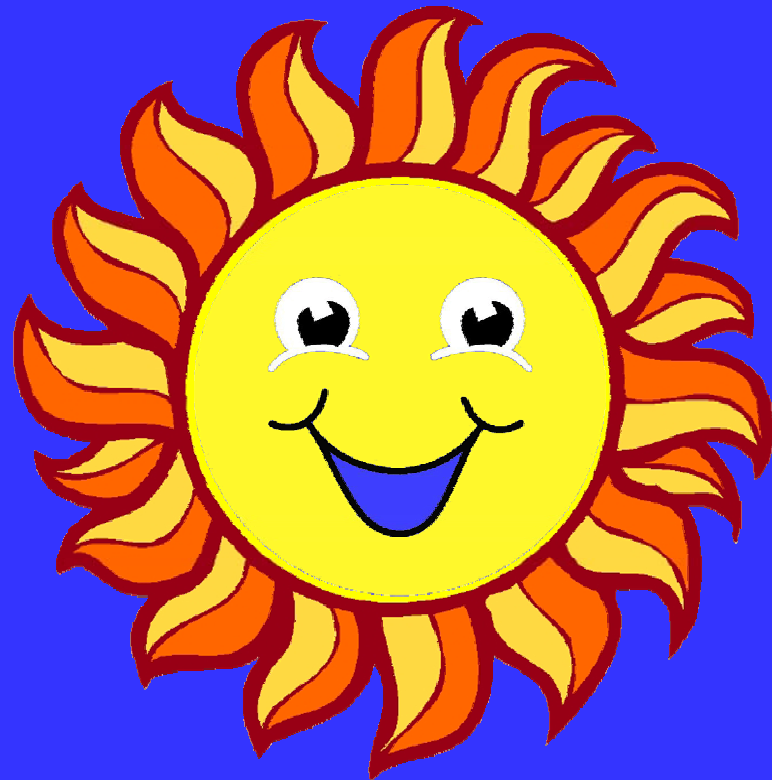
Module 1 (Part A)

Dreaming

Materials developed by:  
Partnership for People with Disabilities  
Virginia Commonwealth University  
Funding provided through:  
Virginia Department of Medical Assistance Services  
With grant support from:  
U.S. Centers for Medicare and Medicaid Services

The Partnership for People with Disabilities is a university center for excellence in developmental disabilities at Virginia Commonwealth University. VCU is an equal opportunity/affirmative action institution providing access to education and employment without regards to age, race, color, national origin, gender, religion, sexual orientation, veteran's status, political affiliation, or disability. If alternative formats of materials are needed, please contact the Partnership for People with Disabilities at 804/828-3876 or 800/828-1120 (TDD Relay). Support for this initiative was provided through a contract with the Virginia Department of Medical Assistance Services with funding from the U.S. Centers for Medicare and Medicaid Services, Grant No. P-91599/3. However, the contents herein do not necessarily represent the policy of the U.S. Department of Health and Human Services, and you should not infer endorsement by the Federal government. Please include this disclaimer when copying or using all or any part of the materials in dissemination activities. (2004)

# Introduction to Self-Direction



Module 1 (Part A)

Dreaming

Self-direction is  
about you.



Self-direction is about  
your everyday life.



Self-direction is about



you being in charge.

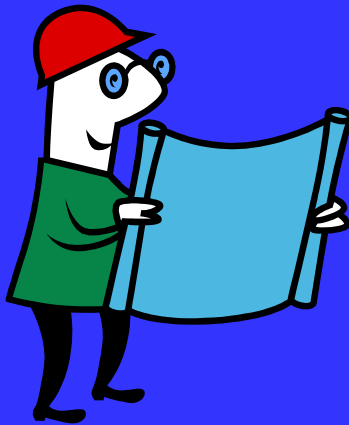
Self-direction is about  
you being happy!





DREAMING

CHOOSING



PLANNING



Self-  
direction  
is about  
your  
dreams.



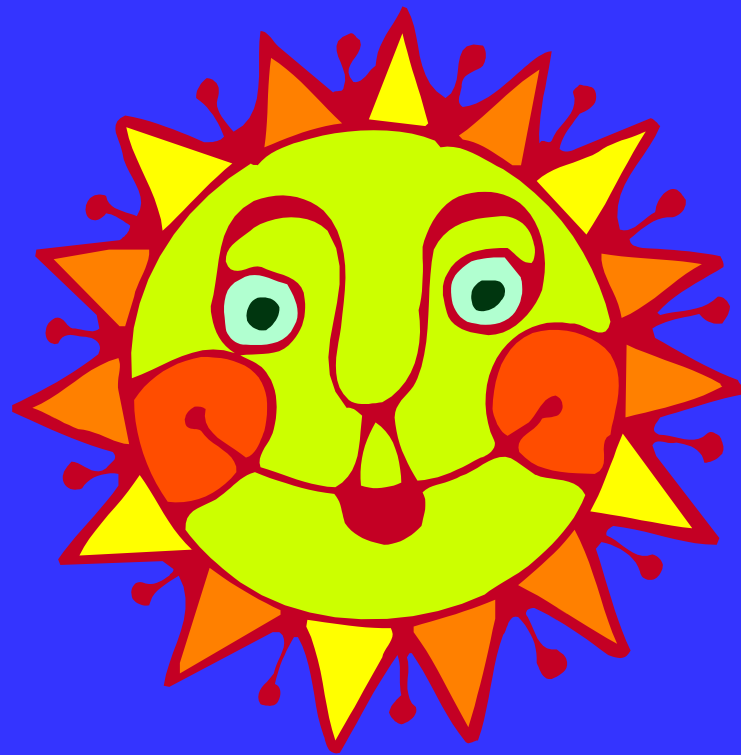
What are your  
dreams?

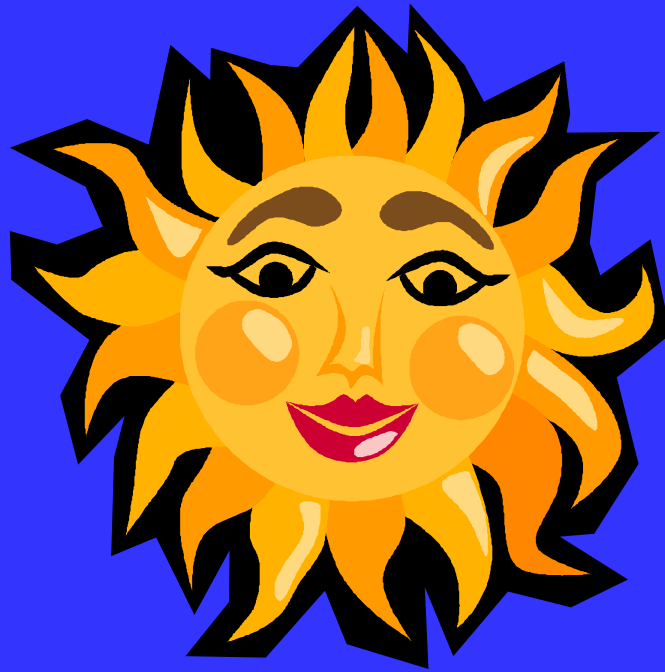




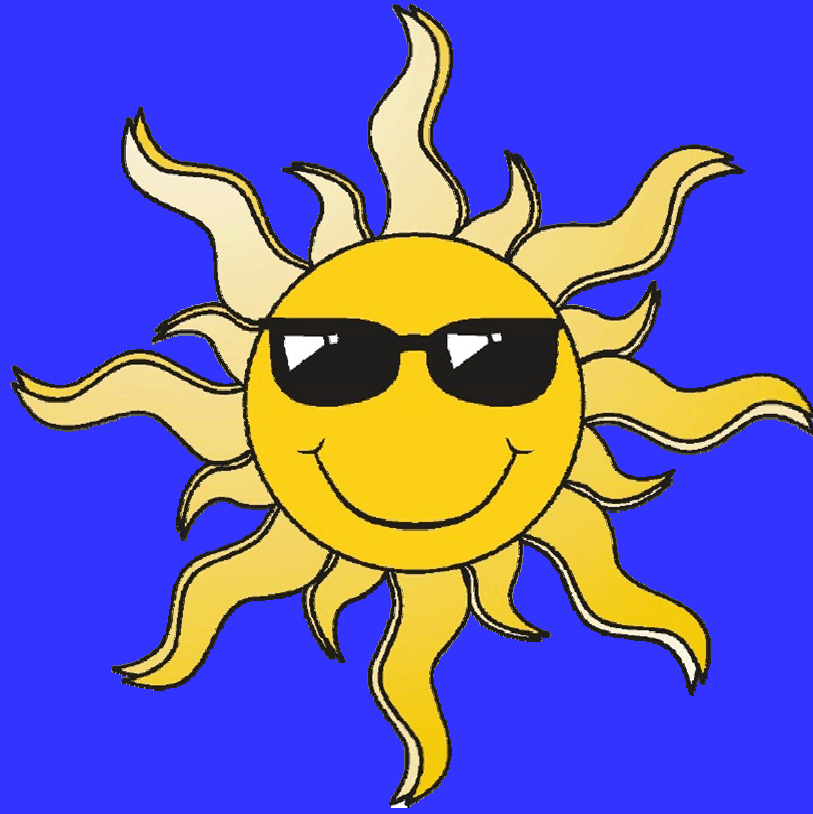
What is something that  
you would like to have  
happen to you?

Who do you want  
to be with?





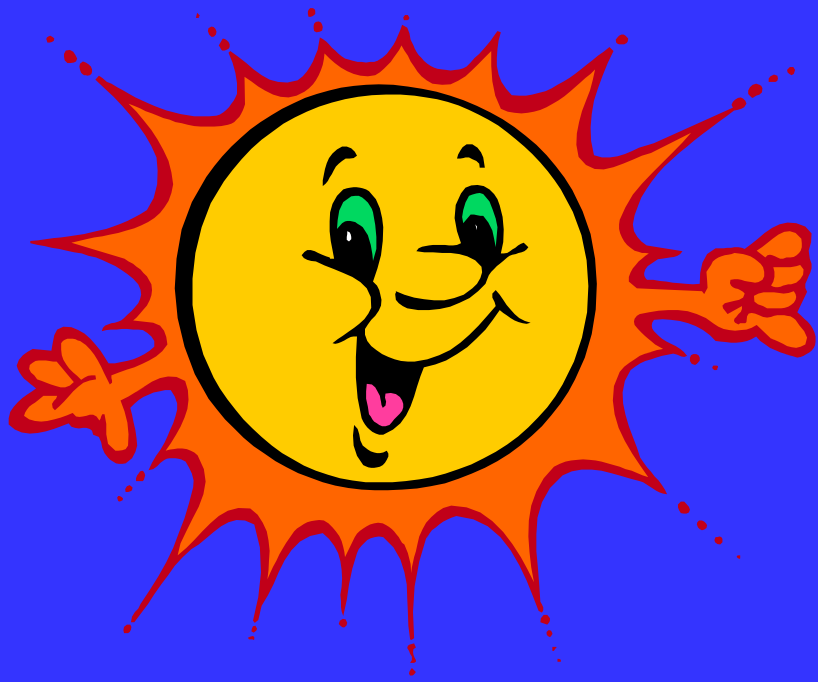
What do you like to do  
and where do you like  
to do it?



We each have our  
own dreams!



Dreams are about  
the things that are  
important to us

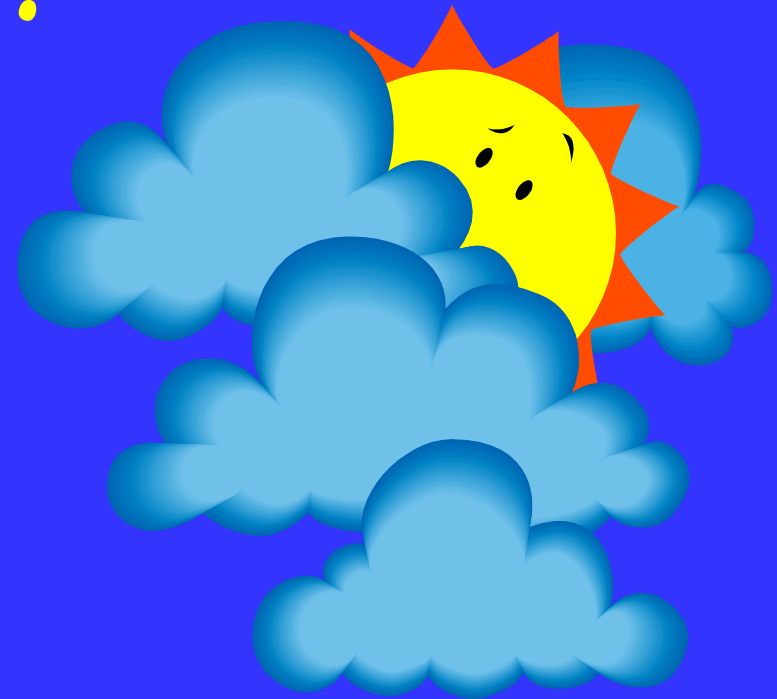


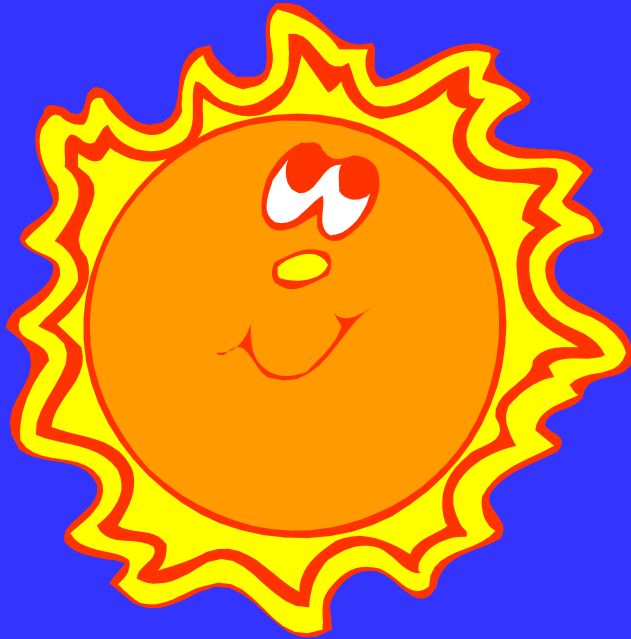
# Activity #1

Dreaming Out Loud

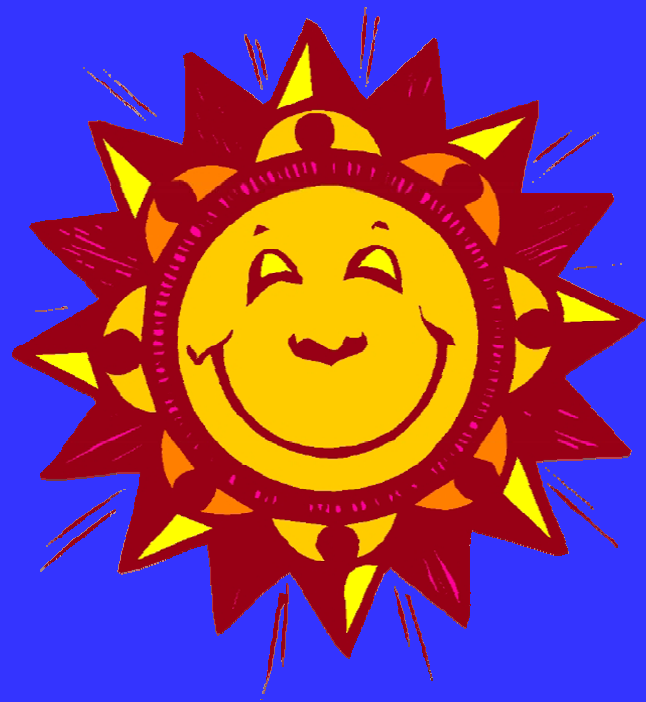


Statements-  
yes or no?





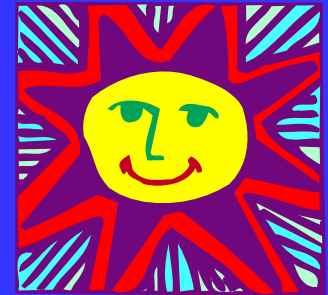
Do we all  
think alike?



## Activity #2

Drawing Our Dreams

# Share your thoughts with us...



1. What is one thing you learned about self-direction?
2. In this training, what does it mean to “dream”?
3. Do all people have the very same dreams?
4. Who are the people with whom you could share your dreams?
5. What more do you want to know about self-direction?